Dec 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 9:00 From the Kitchen 10:00 Connect with Coffee 10:30 Exercises 11:30 Corn Hole 12:00 Lunch 1:15 Walking Program 1:30 Library Program 2:30 Participants Choice	2	3 9:00 Game Lounge 10:00 Connect with Coffee 10:30 Exercises 11:30 The "12" Trivia 12:00 Lunch 1:15 Walking Program 1:30 Christmas Celebration with the New Timer's Band	4 Hanukkah Begins	5
6	7	8 9:00 From the Kitchen 10:00 Connect with Coffee 10:30 Exercises & Ring Toss 11:30 Junk Drawer Detective & Word Games 12:00 Lunch 1:15 Walking Program 1:30 "Come on Down" Plinko 2:30 Yahtzee	9 	10 **Ugly Sweater Day** 9:00 Game Lounge 10:00 Connect with Coffee 10:30 Exercises 11:30 Christmas Arrangements 12:00 Lunch 1:15 Walking Program 1:30 Snowball Fight 2:30 Finish the Line	11	12
13	14	15 9:00 From the Kitchen 10:00 Connect with Coffee 10:30 Exercises 11:30 Rock Around the Clock 12:00 Lunch 1:15 Walking Program 1:30 Christmas Music Trivia & Christmas Carol Pictionary 2:30 Participants' Choice	16	17 **Red and Green Day** 9:00 Game Lounge 10:00 Connect with Coffee 10:30 Exercises 11:30 Secret Holiday Quote 12:00 Turkey Dinner 1:15 Walking Program 1:30 Balloon Badminton 2:30 Make your Candy Cane Elf!	18	19
20	21  Winter Begins	22 9:00 From the Kitchen 10:00 Connect with Coffee 10:30 Exercises 11:30 Jingle Bell Toss 12:00 Lunch 1:15 Walking Program 1:30 Homemade Ornaments 2:30 Crockinole	23	24 **PROGRAM AT THE LODGE** **Christmas Eve Hat Day** 9:00 Game Lounge 10:00 Connect with Coffee/Eggnog 10:30 Exercises 11:30 Christmas Bingo 12:00 Lunch 1:15 Walking Program 1:30 Pass the Present 2:30 Christmas Karaoke	25  Christmas	26 Boxing Day
27	28	29 9:00 Game Lounge 10:00 Connect with Coffee 10:30 Exercises 11:30 Blizzard Ball 12:00 Lunch 1:15 Walking Program 1:30 Concentration 2:30 Participants' Choice	30	31 **White and Blue Day** 9:00 Game Lounge 10:00 Connect with Coffee 10:30 Exercises 11:30 Bocce Ball 12:00 Lunch 1:15 Walking Program 1:30 New Years' Party New Year's Eve		

Adult Enrichment Center - Forest

Please contact Laura Beauvais, Coordinator 519-918-4148 for more information