

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 9:00 Game Lounge 10:00 Connect with Coffee 10:30 Exercises 11:30 A Letter from the Heart! 12:00 Lunch 1:15 Walking Program 1:30 Library Visits 2:30 Country Music Social	2	3 9:00 Game Lounge 10:00 Connect with Coffee 10:30 Exercises 11:30 Google Feud 12:00 Lunch 1:15 Walking Program 1:30 Name That 70's Tune 2:30 Five Clues GARDEN FRESH BOX PAYMENT DUE	4	5
6	7  Labour Day	8 9:00 Game Lounge 10:00 Connect with Coffee 10:30 Exercises 11:30 School Activities 12:00 Brown Bag Lunch 1:15 Walking Program 1:30 School Supplies Bingo 2:30 Farkle	9	10 9:00 Game Lounge 10:00 Connect with Coffee & Honouring Grandparents 10:30 Exercises 11:30 Target Toss Games 12:00 Lunch 1:15 Walking Program 1:30 Bango 2:30 Word Wheel	11	12
13 Grandparents Day	14	15 9:00 Game Lounge 10:00 Connect with Coffee 10:30 Exercises 11:30 Dot painting 12:00 Lunch 1:15 Walking Program 1:30 Travelogue - Montreal 2:30 All About Jumbo	16	17 9:00 Game Lounge 10:00 Connect with Coffee & All About Terry Fox 10:30 Exercises 11:30 Bocce Ball 12:00 Lunch - Monte Cristo 1:15 Walking Program 1:30 1970's Pictionary 2:30 Participant's Choice GARDEN FRESH BOX PICKUP	18 	19 Oktoberfest Begins
20	21 	22 Program at the Lodge 9:00 Apple Baking 10:00 Connect with Coffee 10:30 Exercises 11:30 Bowling 12:00 Lunch 1:15 Walking Program 1:30 Apple Tasting 2:30 Apple Trivia and Word Games Autumn Begins	23	24 Program at the Lodge 9:00 Game Lounge 10:00 Connect with Coffee 10:30 Exercises 11:30 Family Feud 12:00 Lunch 1:15 Walking Program 1:30 Categories 2:30 Collect 4	25	26
27	28	29 9:00 Game Lounge 10:00 Connect with Coffee & Orange Shirt Day Discussion 10:30 Exercises 11:30 Seventies Stickman Word Game 12:00 Lunch 1:15 Walking Program 1:30 Biscotti Social 2:30 Crokinole	30  National Day of Truth and Reconciliation			