

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 July 2026			 Canada Day	9:00 Game Lounge 10:00 Connect with Coffee 10:30 Exercises 11:30 Family Feud 12:00 Lunch 1:15 Walking Program 1:30 Horse Races 2:30 Dominos GARDEN FRESH BOX PAYMENT DUE		Independence Day (U.S.)
5		9:00 Game Lounge 10:00 Connect with Coffee 10:30 Exercises 11:30 Lucky "7" Games & Trivia 12:00 Lunch & Sundaes 1:15 Walking Program 1:30 Library Visits 2:30 Word Wheel	8	9:00 Game Lounge 10:00 Connect with Coffee 10:30 Exercises 11:30 Golf Games & Trivia 12:00 Lunch 1:15 Walking Program 1:30 Bingo 2:30 Participants' Choice	10	11
12	13	9:00 Game Lounge 10:00 Connect with Coffee 10:30 Exercises 11:30 Seated soccer 12:00 Lunch 1:15 Walking Program 1:30 Armchair Travel "France" 2:30 Trivia Bastille Day	15	9:00 Game Lounge 10:00 Connect with Coffee 10:30 Exercises 11:30 Drum fit 12:00 Lunch 1:15 Walking Program 1:30 Listen and Draw/Pictionary 2:30 Farkle	17	18
19	20	9:00 Game Lounge 10:00 Connect with Coffee 10:30 Exercises 11:30 Balloon badminton 12:00 Lunch 1:15 Walking Program 1:30 Summer Bingo 2:30 Yahtzee	22	CHRISTMAS IN JULY WEAR RED & GREEN TODAY 9:00 Game Lounge 10:00 Connect with Coffee 10:30 Exercises 11:30 Snowball Fight 12:00 Lunch 1:15 Walking Program 1:30 Pass It Around/Christmas Fun and Games 2:30 Dominoes	24	25
26	27	9:00 Game Lounge 10:00 Connect with Coffee 10:30 Exercises 11:30 Bean Bag Toss 12:00 Lunch & Chocolate Milk 1:15 Walking Program 1:30 Make a Compliment Card 2:30 Participants Choice	29	9:00 Game Lounge 10:00 Connect with Coffee 10:30 Exercises 11:30 Name that tune 12:00 Lunch 1:15 Walking Program 1:30 What Makes a Good Friend Poster 2:30 Connect 4	31	