

## THE MANOR NEWSLETTER – Winter Edition

### Welcome 2026



#### Care Conferences:

An Initial Care Conference is held approximately 6 weeks after move in. They are then held annually. Please do not wait for the care conference should you have any concerns regarding your loved ones, bring it to the nurse's attention right away so that they can be addressed versus waiting until the care conference.

All members of the interdisciplinary team attend the Care Conference. The purpose of this meeting is to review the Elder's care plan; including how all the different departments will support the Elder. It is essential and ministry directed that the Elder is in attendance, and they will participate to whatever level they are able to. Meetings are scheduled for 30 minutes as team members have other commitments to attend to help support all of the Elders living in the Home.

Effective December 2025, we hold the care conferences in our Family Dining Room and provide light refreshments. Feedback received from families /Elders to date is that this is a more comfortable, informal environment.

Thank you for helping us support your loved one, by ensuring that they attend their meeting and participate in their care planning. If you have questions or concerns that you do not want to share in front of your loved one, please have a conversation with the neighborhood nurse outside of the care conference. All information that the team is sharing during a care conference with respect to an Elder's care plan must also be shared with the Elder as per FLTCA legislation.

## IPAC updates January 2026 The Manor Newsletter

Happy New Year!

The flu season continues into winter, 2026. We are thankful that the Elders, staff and families were able to celebrate the holidays with no Outbreaks here at The Manor.

Influenza cases continue to rise in our community. We ask that staff, family and visitors continue to be diligent with the IPAC guidance during this time. A quick review of IPAC practices for staff, family, visitors, and Elders:

1. Number One is frequent **hand hygiene**.
2. Staying home (staff, family, visitors) or in your room (Elders) when you have **symptoms of infection**.
3. Wearing, putting on and taking off **PPE properly** if caring for or visiting an Elder who is sick. Only essential care givers should visit sick elders. Other visitors should be discouraged. If symptomatic Elders leave their room, they should wear a mask, perform frequent hand hygiene, and practice cough etiquette.
4. **Getting vaccinated!** Influenza vaccine, Covid vaccine, and RSV vaccine (if you qualify) help prevent infection.
5. Practice **Cough Etiquette** by covering your cough.



### Animal Policy

A friendly reminder to all family members that if you have an animal visiting currently visiting the home, we do require an updated immunization form from you once received from your vet. It is also important to note that animals entering the home must be held or leashed at all times. It is also important to note that bringing animals into the home, they are to only visit with the assigned Elder. The home does provide Animal Therapy to the home; these handlers and dogs are trained and qualified to engage with all Elders.



Visit our Facebook page to keep up to date on all the exciting things that are happening at The Manor. Like **lambtoncares!**

*Questions? Comments? Suggestions? Contact Elizabeth Collings, Confidential Support Services Clerk:*

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