

LONG-TERM CARE DIVISION POLICY MANUAL

Manual 11 – Emergency Procedures

Code Red – Lambton Meadowview Villa – Fire Plan

Effective Date: January 6, 2021

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POLICY

To provide preparedness tips and guidance to employees to protect the health and safety of themselves and others, as well, to ensure minimal disruption to the Long-Term Care Homes operations during a fire.

PROCEDURE

Lambton Meadowview Villa is located at 3958 Petrolia Line, Petrolia, ON N0N 1R0.

Approved:

Ri Cousins

Fire Chief

Petrolia and North Fire Department

Brian Soulard

Coordinator, Facilities/Capital Services County of Lambton, Long-Term Care

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Contact List

BUILDING OWNER

Name: Corporation of the County of Lambton

Street Address: 789 Broadway Street

City/Postal Code: Wyoming, ON N0N 1T0

Telephone: 519-845-0801

BUILDING MANAGEMENT General Manager

Name: Michael Gorgey

Street Address: 789 Broadway Street

City/Postal Code Wyoming, ON N0N 1T0

Home Telephone: 519-845-5412 (office)

Bus. Telephone: 519-845-0801 ext. 5412

BUILDING MANAGEMENT Administrator

Name: Jennifer Beaubien

Street Address: 3958 Petrolia Line

City/Postal Code Petrolia, ON N0N 1R0

Home Telephone:

Bus. Telephone: 519-882-1470 ext. 5009

BUILDING MANAGEMENT Environmental Services Supervisor

Name: Jalene Mitchell

Street Address: 3958 Petrolia Line

City/Postal Code: Petrolia, ON N0N 1R0

Home Telephone:

Bus. Telephone: 519-882-1470 ext. 5032

BUILDING MANAGEMENT Nutrition Services Supervisor

Name: Denise Norton

Street Address: 3958 Petrolia Line

City/Postal Code: Petrolia, ON N0N 1R0

Home Telephone:

Bus. Telephone: 519-882-1470 ext. 5030

BUILDING MANAGEMENT Director of Nursing and Personal Care

Name: Krista Perry

Street Address: 3958 Petrolia Line

City/Postal Code: Petrolia, ON N0N 1R0

Home Telephone:

Bus. Telephone: 519-882-1470 ext. 5011

BUILDING MANAGEMENT PSW Supervisor

Name: Jamie Patterson

Street Address: 3958 Petrolia Line

City/Postal Code: Petrolia, ON N0N 1R0

Home Telephone:

Bus. Telephone: 519-882-1470 ext. 5028

BUILDING MANAGEMENT Facility/Capital Services Coordinator

Name: Brian Soulard

Street Address: 3958 Petrolia Line

City/Postal Code: Petrolia, ON N0N 1R0

Home Telephone:

NOTE: At all times there is an RN or "charge nurse" responsible for the staff, residents and building. All registered staff are trained in emergency procedures.

At all times there is a Manager/Supervisor on call.

Fire Alarm Monitoring Company

Name of Company Damar Security Systems

Phone Number

Home's System Number

DAMAR – if there is a trouble light or alarm that is not acknowledged at the home, DAMAR will call the following:

Administrator Jennifer Beaubien

Environmental Services

Supervisor

Jalene Mitchell

NOTES

When an alarm is activated, the signal automatically goes to the central monitoring station at Damar Security Systems. Damar then calls 911 to say, "There is a fire emergency at the Home. Please respond immediately." The Petrolia OPP may also respond.

Emergency call out procedure will be activated <u>only if a full evacuation is ordered</u> by the Registered Nurse or the Fire Department.

The Environmental Services Supervisor or delegate will inform Damar Security Systems the date and time of a <u>planned fire drill</u> to prevent unnecessary Fire Department response.

The childcare center area, Long-Term Care (LTC) Administration office, Adult Day Program (ADP), and rental offices for Lambton Emergency Medical Services (EMS) and Lambton Rural Child Care (LRCC) are served by the fire alarm system. The childcare staff respond in their own areas only. Lambton Meadowview Villa's staff do not assist in child care drills but may be called to assist during a fire. The Lambtonian Apartments have a separate alarm system and are not part of this Fire Plan.

General Procedures for All Staff

If you discover fire or smoke

REACT

R - Remove Persons in immediate danger if possible

E - Ensure Ensure the door(s) is closed to confine the fire and smoke

A - Activate Activate the fire alarm system using the nearest pull station

C - Call Call 9-1-1

T - Try Try to extinguish the fire or concentrate on further evacuation

The sequence of the steps in "REACT" will vary depending upon the circumstance of the fire and the abilities of the responding individuals.

For example, activation of the fire alarm could be the initial step upon discovery of smoke or fire, to alert staff of the danger.

Always bring a fire extinguisher to the fire and try to extinguish the fire, if it is safe to do so.

How to Activate a Fire Alarm Pull Station



The lever on the pull station has to be pulled straight down in order to activate the system

- Activate the pull station by pulling the lever straight down. Before walking away
 from the pull station ensure the fire system activates. If it doesn't sound the alarm
 and lights, ensure the lever is pulled. If the system still does not activate proceed
 to another pull station. Notify the Charge Nurse of the issue so it can be included
 on the Fire Alarm Incident Report.
- 2. Pulling a fire alarm simply alerts staff in other areas of the Home to a potential fire. It does not initiate an evacuation alarm. HOWEVER, if you see or smell smoke or flames you do not have to wait for the Stage Two Alarm to start evacuating. Once the Charge Nurse arrives, they can be advised that a smoke or fire was found, and the alarm was pulled as a result. The Charge Nurse can at that point activate a Stage Two alarm to notify everyone in the Home that a fire emergency exists.

Instructions to Staff on Fire Procedures

If you Hear a First Stage Alarm Signal

- Proceed to the closest annunciator panel to determine the location of the fire If fire is in your area "REACT".
- If fire is not in your area report to the fire area and follow direction from Registered Nursing staff or delegate. This may include but is not limited to evacuating residents to a safe zone, checking doors/activating door markers, etc.

NOTE: Whenever the fire alarm is activated at Lambton Meadowview Villa the alarms will sound at the Childcare Centre, LTC Administration Offices, ADP and the rental offices for EMS and LRCC.

If You Hear a Second Stage Evacuation Signal (Fast Ringing)

- Registered Nursing Staff will co-ordinate the assembly and relocation of all residents beyond the closest set of fire doors or a designated area outside the building.
- Staff will stay with evacuated residents and await further instruction from Registered Nursing Staff

Employees in the staff room or out of their work area, <u>will return immediately to their work area.</u>

REMAIN CALM AND REASSURE RESIDENTS

Instructions for Residents on Fire Procedures

When the fire alarm sounds you will:

- 1. Remain in your room or sitting area
- 2. Follow the directions of the staff
- 3. Request that your visitors remain with you

DO NOT enter or return to the fire zone until instructed to do so by staff.

DO NOT go through the closed fire doors unless directed to do so by the staff.

If the alarm is fast ringing:

- An entire evacuation may occur
- Follow the directions of the staff
- If you are closest to a danger area, you will be evacuated first

Residents and visitors are the first priority of the staff. Await direction from staff with regards to any emergency situation.

Instructions to Volunteers/Visitors on Fire Procedures

When the fire alarm sounds you will:

- **1.** Remain in your area
- 2. Request that any residents remain with you
- 3. Follow the directions of the staff

DO NOT enter or return to the fire zone until instructed to do so by staff.

DO NOT go through the closed fire doors unless directed to do so by the staff

If the alarm is fast ringing:

- An entire evacuation may occur
- Follow the directions of the staff
- If you are closest to a danger area, you will be evacuated first

Residents and visitors are the first priority of the staff. Await direction from staff with regards to any emergency situation.

RESIDENTS AND VISITORS ARE THE FIRST PRIORITY OF THE STAFF. AWAIT DIRECTION FROM STAFF WITH REGARDS TO ANY EMERGENCY SITUATION.

How to Use Door Markers UP means: room checked room empty C Н Ε C Κ Ε D Down means: room not checked OR resident in room

Staff Duties Charge Nurse

Primary responsibilities in a fire:

* ASSESS * DELEGATE * COMMUNICATE

IN THE EVENT OF A FIRE IN ANY AREA:

- Proceed to closest annunciator panel to determine the location of the fire.
 Damar will call the Charge Nurse phone to verify the emergency. Put on orange vest which is located in each chart room on the back of the door.
- 2. Proceed quickly to fire area following a safe route and assess situation.
- 3. If fire evacuate residents in room of origin immediately and close door(s) a. If false alarm, see below.
- 4. Activate 2nd stage evacuation alarm to indicate to staff that residents need to be evacuated from the home area with the active fire. Direct staff to remove all residents from rooms closest to the fire first, working outwards from the fire room until all residents have been evacuated from the home area. All evacuated residents should be taken to the adjacent dining room (ie. when evacuating 2nd/Finch South, bring residents to 2nd/Finch North dining room).

To activate 2nd stage evacuation alarm: Insert evacuation key into the lock located inside the pull station and turn the key to the right. You can do so by using ANY pull station in the home – it does not need to be completed at the initiating pull station.

- 5. Delegate an individual to go to the front doors to meet the Fire Department and secure the entrance.
- Continue to direct staff accordingly and until arrival of the fire department.
- 7. When Fire Department arrives, inform them of the conditions within the building and coordinate efforts.
- 8. FULL EVACUATION OF THE WHOLE HOME Only when instructed by the Fire Department The Charge Nurse/Delegate will announce "Full Home evacuation" (see Evacuation Plan for further details).
- 9. Designate a staff member to notify the supervisor on call to initiate the emergency call out procedure.

- 10. Once the Fire Department (Chief or designate) has issued an all clear, the Charge Nurse/Delegate will reset the alarm initiating pull station and Fire Alarm System. All Clear will be paged by the Charge Nurse/Delegate from the Finch Lane Nursing Station. The Charge Nurse/Delegate will reset the magnetic door lock system using the reset key located on the RN key set. Magnetic door lock reset locations are at the front door of the Villa and Finch Lane Nursing Station.
- 11. Prepare the Fire Alarm Incident Report after the event.

False Alarm Procedure

If FALSE ALARM – immediately Call Damar and instruct them it is a False Alarm and to CANCEL the Fire Department

If the fire department is dispatched during a false alarm, **do not** complete a full reset on the system until Fire department arrives, as they require seeing the alarm and where the false alarm originated from. The alarm may only be silenced until their arrival.

If the Fire Department does not respond in 30 minutes, notify General Manager – Long-Term Care.

The Fire Department will come even if a false alarm is determined to assist in understanding why the alarms sounded. **DO NOT RESET THE PANEL UNTIL THEY HAVE REVIEWED**

RN/RPN Team Leader

Fire in your Neighbourhood

- 1. Proceed to the closest annunciator panel to determine the location of fire.
- 2. Raven RPN Use the elevator key to bring elevator #2 and #3 (Passenger elevators) to Raven. Instructions and key are located in the Raven nurses' station on the cork board (red lanyard). By using this key, the elevators will return to Raven and be locked out of service. Proceed to elevator #1 (Dietary elevator) and follow above procedure to bring elevator to Raven and lock out of use. Proceed to shipping and receiving, elevator #4 Service elevator, and follow above procedure to bring elevator to ground floor and lock out or service.
- DAYS AND EVENINGS The RPN will direct and assist staff in removing all residents from immediate danger beyond the closest set of fire doors, close doors, activate door markers and provide reassurance and safety monitoring of the residents on that home area.
 - NIGHTS The RPN will immediately report to the fire area following a safe route and take direction from the Charge Nurse/Delegate.
- 4. 1 RPN to remain with residents beyond fire doors. Complete head count of residents and provide to Charge Nurse after ALL CLEAR has been announced. All residents must be accounted for.
- 5. Follow the directions of the Charge Nurse/Delegate.

NOTE: If second stage evacuation alarm has been activated, after the ALL CLEAR has been announced, staff should complete a sweep of the stairwells and ensure the door locks are reactivated and doors are secured.

Fire away from your Neighbourhood

- 1. Proceed to the closest annunciator panel to determine the location of fire.
- 2. Raven RPN Use the elevator key to bring elevator #2 and #3 (Passenger elevators) to Raven. Instructions and key are located in the Raven nurses' station on the cork board (red lanyard). By using this key, the elevators will return to Raven and be locked out of service. Proceed to elevator #1 (Dietary elevator) and follow above procedure to bring elevator to Raven and lock out of use. Proceed to shipping and receiving, elevator #4 Service elevator, and follow above procedure to bring elevator to ground floor and lock out or service.
- 3. DAYS AND EVENINGS The RPN will assign two staff and one RPN to remain on the neighbourhood to assist. All additional staff will report to the fire area following a safe route and receive direction from the Charge Nurse/Delegate.

- NIGHTS The RPN will immediately report to the fire area following a safe route and take direction from the Charge Nurse/Delegate.
- 4. The RPN remaining on the neighbourhood will direct and assist remaining staff to close doors, activate door markers and provide reassurance and safety monitoring of the residents on that home area.
- 5. Complete head count of residents and provide to Charge Nurse after ALL CLEAR has been announced. All residents must be accounted for.
- 6. Follow the directions of the Charge Nurse/Delegate.

NOTE: If second stage evacuation alarm has been activated, after the ALL CLEAR has been announced, staff should complete a sweep of the stairwells and ensure the door locks are reactivated and doors are secure.

PSW

Fire in your Neighbourhood

- 1. Proceed to closest annunciator panel to determine location of fire.
- 2. Evacuate resident(s) in room of origin immediately (if it is safe to do so)
- 3. Close door(s) and activate door markers.
- 4. Remove all residents in immediate danger beyond the closest set of fire doors.
- Check all rooms including washrooms, tub rooms, utility rooms. Close all doors, including the roll down doors located in the lounge on each end of the home area, and activate door markers appropriately.
- 6. After neighbourhood is secured remain with residents beyond the fire doors and await direction from the Charge Nurse/Delegate.

Fire away from your Neighbourhood

- 1. Proceed to closest annunciator panel to determine location of fire.
- NIGHTS One PSW will remain on the home to reassure residents and ensure safety. One PSW will report to the fire area to assist. Take direction from the Charge Nurse/Delegate.
- 3. DAYS AND EVENINGS ONLY Receive direction from the RPN. 1 RPN and 2 other staff will remain on home area to close doors, including the roll down doors located in the lounge on each end of the home area, activate door markers and provide reassurance and safety monitoring of the residents on that home area. All other staff will follow a safe route to the fire area and take direction from the Charge Nurse/Delegate.
- 4. **ALL SHIFTS** After all clear is sounded, open doors and reassure residents. Assist RPN to complete a head count.

Recreation and Leisure

Fire in your Neighbourhood

- 1. Proceed to closest annunciator panel to determine location of fire.
- 2. Assist with removing all residents in immediate danger beyond the closest set of fire doors.
- 3. Check all rooms including washrooms, tub rooms, utility rooms. Close all doors and activate door markers.
- 4. After neighbourhood is secured remain with residents beyond the fire doors and await further direction from the Charge Nurse/Delegate.

Fire away from your Neighbourhood

- 1. Proceed to the closest annunciator to determine location of fire.
- Receive assignment from Registered staff.
- 3. If assigned to fire area:

Follow safe route and receive direction from Charge Nurse in fire area.

If assigned to remain on home area:

Follow direction from RPN. Assist with closing doors, activating door markers and providing reassurance and safety monitoring of the residents on that home area.

Note: If leading a program, remain with the residents until directed by a Team Leader.

Cooks

Fire in Kitchen

- 1. Direct all visitors and contractors/delivery personnel (if applicable) in immediate danger, beyond the closest fire doors.
- 2. Activate Fire Suppression System, if **NOT TRIGGERED**.
- 3. Try to extinguish fire using fire extinguishers (if it is safe to do so).
- 4. Close all doors and activate door markers.
- 5. Direct Dietary Aide to stand in front of service wing doors to secure area.
- 6. Follow directions of Charge Nurse/Delegate.

Working in Kitchen (fire away from the area)

- 1. Secure equipment. (Turn off equipment in use)
- Proceed to closest annunciator panel to determine location of fire. If fire anywhere in service hallway direct a staff member to stand in front of service wing doors to secure area.
- 3. Close all kitchen doors and activate door markers. Assign Dietary Aide to check laundry room, garbage room, staff locker rooms, maintenance shop and staff lunchroom. If no Dietary Aide present to assist, check these areas.
- After area is secure, report to fire area following a safe route and follow direction of the Charge Nurse.

Working in the Servery in the Fire Area

- 1. Secure equipment. (Turn off equipment in use)
- 2. Close doors to Servery and activate door markers. Proceed to closest annunciator panel to determine location of fire. Receive direction from registered staff.
- 3. Assist with removing residents in immediate danger beyond the closest set of fire doors.
- 4. Check all rooms including washrooms, close all doors and activate door markers.
- 5. After neighbourhood is secured remain with residents beyond the fire doors and await further direction from the Charge Nurse.

Working in the Servery not in the Fire Area

- 1. Secure equipment. (Turn off all equipment in use)
- 2. Cook in charge, return to kitchen, and secure area.
- 3. Other cook, proceed to closet annunciator panel to determine location of fire. Follow safe route to the fire area. At the Fire, follow the direction of the Charge Nurse.

Fire Suppression System

In case of fire, if suppression system does not trigger pull pin first, then pull metal handle hard downward



Dietary Aides

Fire in the Kitchen

- 1. Assist Cook with directing all contractors/delivery personnel in immediate danger, beyond the closest set of fire doors.
- 2. If Cook is NOT available, try to extinguish fire by activating fire suppression equipment (**IF NOT TRIGGERED**) or use fire extinguishers (**if it is safe to do so**). Close doors to kitchen and activate door markers.
- 3. If Cook is available, receive direction from Cook in Charge to check laundry room, garbage room, staff locker rooms, staff lunchroom, maintenance shop and activate door markers. Stand in front of service wing fire doors to secure area.
- 4. When Charge Nurse arrives to fire area, follow their direction.

Working in the Dining Room/Servery in the Fire Area

- 1. If meal is in service or the residents are in the dining room, assist to remove residents beyond the closest set of fire doors.
- 2. If meal is not in service, close Servery doors and activate door markers. Proceed to the closest annunciator panel to determine location of the fire.
- 3. Follow the direction of the Charge Nurse/Delegate.
- 4. After neighbourhood is secured remain with residents beyond the fire doors, await further direction from the Charge Nurse/Delegate.

Working in the Dining Room/Servery away from the fire area

- 1. Proceed to the closest annunciator panel to determine location of fire.
- Receive assignment from Registered staff.
- 3. If assigned to fire area:

Follow safe route and receive direction from Charge Nurse in fire area.

If assigned to remain on home area:

Follow direction from Registered staff. Assist with closing doors, activating door markers and providing reassurance and safety monitoring of the residents on that home area.

Fire in the Servery/Dining Room

- 1. Remove residents in immediate danger.
- 2. Activate, or delegate activation of pull station.
- 3. Use fire extinguishers (if it is safe to do so) to extinguish fire.
- 4. Close doors to Servery and activate door markers.
- 5. If fire is in the dining room continue to assist with evacuation of residents past fire door

Housekeeping and Laundry Aides

- 1. Upon hearing the fire alarm, cease what you are doing and secure your cart in a location that does not impede the corridor.
- 2. Proceed to the closest annunciator panel to determine location of fire.
- 3. If working in basement, check all rooms in service hallway and activate door markers moving towards the kitchen. Communicate with Dietary staff to ensure all areas of basement have been secured.
- 4. Report to fire area following a safe route.
- 5. Follow the direction of the Charge Nurse/Delegate.

Fire in the Laundry Room

- 1. Direct all contractors/delivery personnel in immediate danger, beyond the closest set of fire doors.
- 2. Activate, or delegate activation of pull station.
- Try to extinguish fire using fire extinguishers (if it is safe to do so).
- Close all doors and activate door markers appropriately.
- 5. Follow directions of Charge Nurse/Delegate.

Maintenance

- 1. Upon hearing the fire alarm, cease what you are doing and secure your cart in a location that does not impede the corridor.
- 2. Proceed to closest annunciator panel to determine location of fire.
- 3. Report to the fire area following a safe route.
- 4. Follow the direction of the Charge Nurse/Delegate.

Managers, Supervisors and Administration Staff On-Site

- 1. Proceed to closest annunciator panel to determine the location of the fire.
- 2. Report to the fire area following a safe route and follow the direction of the Charge Nurse/Delegate.

After the fire:

Administrator or Delegate must:

- 1. Notify the General Manager of Long-Term Care.
- 2. Notify the Ministry of Long-Term Care.
- 3. Liaise with Emergency Services as the situation warrants.

Adult Day Program

Fire in your area

- 1. Evacuate participants in room of origin immediately, close door(s) and activate door markers.
- 2. Remove all participants in immediate danger beyond the closest set of fire doors.
- 3. Check all rooms including washrooms, tub rooms, utility rooms. Close all doors and activate door markers appropriately.
- 4. After area is secured remain with participants beyond the fire doors and wait for direction from the Fire Department or Charge Nurse.

Fire away from your area

- 1. Keep participants calm by assuring them that the alarm is being investigated.
- 2. Prepare to assist in the evacuation of residents from the area originating the alarm. Decide who will assist in the evacuation and who will remain in your area (minimum 2 person to remain with the participants).
- 3. Persons who are assisting are to check the annunciator panel at the entrance to the Long-Term Care home.
- 4. Report to the area of the fire following a safe route.
- 5. Follow the direction of the Charge Nurse.

Childcare Centre

Generations Child Care will complete their independent evacuation upon fire alarm. Direct communication to the Childcare Centre will be conducted should there be a false alarm.

Long-Term Care Admin

Fire in your area

- 1. Evacuate room of origin immediately. Close door and activate door markers.
- 2. Evacuate all offices in immediate danger. (next to room of origin)
- 3. Two LTC Admin staff will check all rooms, including washrooms and the staff room. Close all doors and activate door markers. All other staff will leave the LTC Admin area through the closest exit door and proceed to the gazebo located at the front of the Villa.
- 4. After area is secured, remaining two staff will follow above procedure to the gazebo.

Fire away from your area

- 1. Upon hearing a 1st stage fire alarm, remain in LTC admin area and await further direct.
- 2. If "All clear" announced, proceed as per normal daily routine.
- 3. If 2nd stage evacuation alarm activated, exit the LTC Admin area and proceed to the gazebo located at the front of the Villa. Await further direction.

Fire Prevention and Preparation / Drills

Points to Remember (Be CLEER)

- Take <u>C</u>are of your area to prevent fires:
 - Maintain cleanliness. Good housekeeping is the best guarantee against fire.
 - Form habits of watchful care
- 2. Know the **L**ocation of:
 - The nearest pull station
 - The nearest phone
 - The nearest fire equipment
 - The nearest wheelchairs
 - All exits in and adjoining your area
- 3. Know how to **E**xtinguish a fire by using:
 - A blanket
 - A jug of water
 - The different types of Fire Extinguishers
 - Suppression Systems
 - Other methods (lids, etc)
- 4. Know the **E**vacuation procedures and routes for Partial Evacuation and total Evacuation. Be familiar with all exits and fire doors in the area
- 5. **R**emain Calm

Classes of Fire

Prevention of fire is the main aim of the Fire Plan. But when this fails and fire breaks out, it is important to know that there are three (3) different types of fires: CLASS A, CLASS B and CLASS C.

CLASS A Combustible solids - wood, paper, plastics, textiles

Use a water type extinguisher

CLASS B Flammable liquids and greases

Extinguish by smothering

Do not use water

It can float the burning substance and spread the fire

CLASS C Energized electrical equipment - wiring, motors, TV set

Extinguish by smothering

Do not use water

Water is a conductor of electricity

All extinguishers in the Lambton Meadowview Villa building are multi-purpose, dry chemical extinguishers (ABC). They may be used for all three classes of fires.

How to Use a Fire Extinguisher (PASS)

- Pull the pin Ρ
- Aim the extinguisher nozzle at the base of the fire Α
- Squeeze the trigger while holding the extinguisher upright S
- S Sweep the nozzle from side to side covering the area of the fire with the extinguishing agent

Hazards to Watch for

Good fire prevention is an effective method for implementing fire safety in the building. The following comments are provided for all staff and residents. Smoking is not permitted inside Lambton Meadowview Villa.

- Smoking is only permitted in outside designated areas. Always 9 metres from any entrance.
- Avoid careless smoking. Use ashtrays. Do not put cigarettes or ashes directly into garbage cans.
- Avoid careless storage practices. The premises are to be kept free from rubbish, debris and all other potential fire hazards.
- Any equipment that heats up or is near a heat source must be kept clean and free of any flammable material. Some examples:
 - Kitchen exhaust hood grease accumulations, safe cooking practices, knowledge of fire extinguishing equipment.
 - Laundry Dryer lint traps free from accumulations, safe shutdown procedures.
- The generator room, electrical rooms and boiler rooms will be kept in a clean condition at all times. Do not use as storage rooms for combustibles.
- Stairwells must be kept empty of any items.
- All flammable liquids and materials of like nature will be stored in suitable containers and placed in a safe noncombustible area. Identify where they are used, safe storage practices, safe handling practices, and safe refueling practices.
- Ensure that articles such as boxes and storage racks do not obstruct doorways.
- All exits to the building are to be kept clear and unobstructed at all times.
- Keep fire doors clear from obstruction at all times.
- A permit system to control hazards associated with cutting, welding, soldering or other similar activities
 - o only do in safe area (shield combustibles)
 - o post a fire watch with fire extinguisher during and after hot works

Electrical Hazards

Watch for the following electrical faults:

- Main Electrical Distribution Panel
 - Lacks protective cover
- Extension Cords
 - Spliced
 - Under rugs
 - Fastened to wall
 - o Damaged or deteriorated
 - Being used as permanent wiring, and
 - Octopus wiring
 - o Do NOT use extension cords for permanent wiring
 - o Power bars are acceptable to use
- Permanent Wiring
 - Junction boxes lack protective cover plates
 - o Improper splices and joints
- Appliances and Electrical Equipment and Resident appliances
 - Heaters and lamps too close to combustibles
 - Unapproved or homemade appliances lack either CSA or Ontario Hydro Special inspection label
 - Appliance cord spliced
 - Resident appliances to be checked and tagged before use
- Electrical installation by qualified electrician and inspected by Electrical Safety Authority

Oxygen Hazards, Storage and Handling

• Oxygen - safe storage practices, use only in safe areas

Flements of Fire

HEAT - FUEL - AIR

Three elements are required to sustain fire - HEAT, FUEL and AIR.

HEAT Heat or ignition temperature is the required amount of heat that must be

generated to sustain free burning in any substance.

FUEL Fuel is the substance that is burning, whether it be liquid (alcohol), gas

(natural gas, propane) or solid (wood, paper, etc.).

AIR Oxygen in the air is required to sustain free burning. Common air contains

approximately 21% oxygen by volume. If this volume drops below 16%,

combustion or free burning cannot be maintained.

To prevent fire, try to keep these three elements separate.

When prevention fails and there is a fire, extinguish by removing one or more of the elements.

REMOVE HEAT Cool the substance below its ignition temperature, generally with

water in the form of an extinguisher, fire hose or jug of water.

REMOVE FUEL In the case of gases, shut off the supply. Close supply valve for

natural gas stoves, pressurized gas cylinders or piped systems.

This is impossible or difficult in the case of liquid spills. Solid fuel can sometimes be separated from a burning pile.

REMOVE AIR Smother with blankets or pillows, or with the use of special type

extinguishers. (See later section on extinguishers.)

Resetting a Fire Pull Station

If you have determined this to be a false alarm, please follow the false alarm procedure.

- 1. Go to the pull station that activated the alarm.
- 2. Using a flat head screwdriver (located at the nursing station), turn the screw on top of the pull station counter-clockwise to open the pull station.
- 3. Pull the pull station down and press the switch behind it to the 'Normal' position.
- 4. With your left hand, hold the pull-down section closed and lift the tab marked 'Lift'.
- 5. With your right hand, insert a new glass bar into the right side of the pull station.
- 6. Close the pull station.

Fire Drill Process

To start a fire drill, an employee will be picked at random and a scenario involving a fire will be explained <u>or</u> a smoke detector will be alarmed. A fire cone will be used to signify a fire <u>or</u> an employee of the Home will be handed a card printed as follows:

FIRE DRILL

- 1. This is the start of a fire drill.
- 2. There is a fire in this room.
- 3. Please begin the procedure you would follow in the event this was a real fire.

Purpose of Fire Drills

The purpose of a fire drill is to ensure that all staff members, volunteers, residents and members of the Emergency Preparedness Committee are totally familiar with fire alarm response and evacuation procedures.

Method and Frequency of Holding Fire Drills

Fire drills for staff are held once a month on all 3 shifts.

Environmental Services Supervisor or Maintenance must call the central alarm monitoring station before and after the drill.

Staff requested to monitor drills will proceed to their assigned areas to observe staff during the drill and ensure fire system is operating properly.

Following debrief at the fire area, if further discussion is needed, staff will meet for a debriefing session in a meeting room. Any questions or uncertainties about emergency procedures should be raised and answered immediately.

Staff requested to monitor drills will ensure attendance is recorded and submitted to the Confidential Secretary. They will utilize the Checklist for Staff Monitoring Fire Alarm Test and accompanying attendance form.

The Administrator will ensure that a record of all such drills is maintained.

False Alarms – Check List for Staff Monitoring Fire Alarm Test

Location of Fire Drill:			
Date:	Time:		
 Fire Drill Coordinator to circulate this Checklist and F When alarm sounds proceed to your area and take n 			
Staff - Staff response – Quick or Slow? (Choose Yes if Quice Staff returned to their work areas? - Staff knew what to do? - Staff closed doors and windows? - Staff set fire markers properly? - Staff shut down equipment properly?	k, No if Slow)	Yes	No
 System All fire horns sounded in your area? Electromagnetic locking devices released applicable system signal All exit and stairway doors remain locked with sounding and a stairway doors unlocked with sounding and a stairway doors unlocked with sounding and a stairway doors unlocked during 1st stage alar Exit next to pull station unlocked during 1st stage alar Fire Area Did staff act appropriately at the "fire"? e.g. setting fire door markers, relocating residents, go Was the "All Clear" received? Did staff reassure residents before leaving the area? 	ng of Stage 1 alarm? of Stage 2 alarm? m?		
Observer Please have all staff present in the area that you ar and submit it with this sheet to			dance sheet
Area Observed: Person Observing: Comments:			
Print Name: S	Signature:		

FIRE SAFETY PLAN -

Supervisor in Charge of Fire Drill

Date:					
This form is to be completed by the person					ng fire
safety program, which includes monitoring	fire drill	s and monthly fi	res alarm syste	m test(s)	
				Yes	No
Alarm monitoring company notified before	alarm te	est or fire drill?		103	140
Monitoring company phone #:	alaiiii k	oc or mo arm.			
Fire alarm system activated correctly?					
Second stage alarm signal activated correct	ctlv (wh	ere applicable)?			
Annunciator(s) indicated the correct fire ala					
"All Clear" announced and staff instructed					
Fire alarm system reset and returned to pri					
Fire alarm ancillary devices reset and chec					
Electro-magnetic locking devices					
HVAC					
Hold-open features on fire doors					
Fire alarm system clear of any "trouble"?					
Confirmed fire alarm monitoring company r	received	d alarm signal?			
When applicable, confirmed fire departmen	nt receiv	∕ed alarm syster	n?		
			T		
Unscheduled Fire Alarm Signal	Da	te:	Time:	Applicable	:
Activation Cause of alarm determined to be:					
Fire department arrival time (if known):				Yes	No
Fires alarm control panel reset after emerg	IODOV W	as over?		162	NO
Fires alarm control panel reset after emergency was over?					
Fire alarm "trouble signal" clear? "All Clear" announced and staff instructed to sign fire drill attendance record?					
Fire alarm ancillary devices reset and checked:					
Electro-magnetic locking devices					
HVAC					
Hold-open features on fire doors					
Fire alarm system repair company notified	of repa	irs required? Tin	ne:		
Name of person contacted:	•	•			
Fire alarm system repaired:					
Date:					
Time:					
Conclusions, recommendations for changes to fire safety plan or procedures:					
Print Name:		Signature:			
1					

Fire Alarm Incident Report

ALARM LOCATION:	
DATE: TIME:	
TIME OF ALL CLEAR:	
FORM COMPLETED BY:	
IF ALARM CONDITION DESCRIBE CA	AUSE:
MANUAL PULL STATION THERMAL DETECTOR	SPRINKLER FLOW SMOKE DETECTOR
OTHER Describe:	
DESCRIBE DETECTOR LOCATION:	
EVIDENCE OF CAUSE OF ALARM:	
FIRE CONDITION	HIGH HUMIDITY PHYSICAL DAMAGE VANDALISM EVIDENT OPEN EXTERIOR DOOR ribe:
ADDITIONAL INFORMATION (Include	follow up actions. Use back if necessary)

Maintenance procedures for Fire Protection Systems

Portable Fire Extinguishers

Check/Inspection/Test	Frequency
Inspect all portable fire Extinguishers	Monthly
Portable fire Extinguisher subject to Maintenance	Annually by
	Outside Agency
Recharge extinguishers after use or as indicated by an	As Required
inspection or when performing maintenance	

Emergency Power Systems

Check/Inspection/Test	Frequency
Check all components of the system and operate the	Weekly
weekly generator set under at least 50% of rated load for	
30 minutes	
Preventative Maintenance to check and clean breathers,	Semi Annually
governors, and linkages on emergency generators	
Inspect and service Generator	Semi Annually

Fire Alarm Systems

Check/Inspection/Test	Frequency
Check fire alarm A/C power lamp and trouble lamp	Daily
Check central alarm and control facility	Daily
Check all fire alarm components including power batteries	Monthly
Test Fire Alarm System	Monthly
Test Voice Communication system to all neighbourhoods	Monthly
Test Fire Alarm System by persons acceptable to the	Annually
authority having jurisdiction for service	

Water Supplies for Fire Fighting

Check/Inspection/Test	Frequency
Check Fire pump trouble lamp	Daily
Test Sprinkler System by persons acceptable to the	Annually
authority having jurisdiction for service	
Inspect Sprinkler system main control valves are open and	Annually
in good working condition	
Test Fire pump at full capacity	Annually
Inspect all fire hydrants	Annually
Inspect all fire hydrant water flow	Annually
Fire Department Connection	Annually
Fire Hydrants	Semi-Annually

Building Systems and Information

System Maintenance and Monitoring

All fire systems and equipment are inspected and maintained according to Ontario Fire Code, Building codes and any other relevant legislation.

Alternative Measures

In the event of any shutdown of the fire protection equipment and systems or part thereof, the fire department and staff will be notified, and instructions will be given to the Charge Nurse who will ensure all staff are aware of alternate provisions or actions to be taken in case of an emergency. These provisions and actions must be acceptable to the Chief Fire official.

Fire Alarm Shutdown

In the event of a shutdown of the fire alarm system, call the Fire Department to notify and ensure the Charge Nurse /delegate is aware. The Charge Nurse /delegate will ensure all areas of the Home are notified, including the Administrator or on-call supervisor (after hours) Notices will also be posted in all neighbourhoods explaining the extent and the duration of the shutdown. Notices will be posted when the system has been activated, and the Fire Department will be notified by phone.

Staff will be instructed to advise the Fire Department immediately via 911 if they should detect any fire situation and to warn other staff and residents verbally through the paging system.

Sprinkler Shutdown

In the event of a shutdown in the sprinkler system, the Fire Department will be notified by calling immediately. They must be informed of the extent and the expected duration of the shutdown. They must also be informed immediately upon re-activation of the system. All staff and residents will be notified by way of notices posted in all neighbourhoods. This notice will explain the extent and duration for the shutdown. Notices will also be posted when the system has been reactivated.

Note: All shutdowns will be confined to as limited an area and duration as possible. During the shutdown of fire protection equipment, the Home will provide personnel to patrol all unprotected areas every hour and record findings using the audit tool until such time as the system is operational.

Fire Protection Measures

Brief descriptions of the fire protection measures present in this building are as follows:

Fire Alarm Systems

The Purpose of a fire alarm system is to alert all occupants of the building that an emergency of fire exists, so all staff put into practice the measures required by the Fire Safety Plan.

All Fire alarm systems shall be maintained in full-operating conditions at all times.

A single stage system sounds a general alarm throughout the Home that may require total evacuation of the building. The fire alarm system is activated by a manual pull station, heat detector, smoke detector, or sprinkler head.

Exits

An exit is that part of a means of egress that leads from the floor area it serves to a public thoroughfare or to an approved open space. Walls, floors, doors, or other means provide a protected path necessary for occupants to proceed with reasonable safety to a place of refuge.

Fire Department Access

Fire Department access allows fire fighters and equipment to gain access to the building. Vehicles parked in a fires route, excessive vegetation, snow and other forms of obstruction to access routes, fire hydrants, and fire department connections are not permitted by the Fire Code. Maintaining Fire Department access is an ongoing matter. Additionally access to a building is provided through the fire department.

Portable Fire Extinguishers

Portable extinguishers are intended as a first aid measure to cope with fires of limited size. The basic types of fire classes are:

- A wood/paper
- B flammable liquids
- C electrical

All portable fire extinguishers in the Home are Class ABC and suitable for all types of fires.

Automatic Sprinkler Systems

An automatic sprinkler system is a series of underground and overhead piping designed in accordance with fire protection engineering standards. The system is connected to a water supply such as a storage tank or municipal water supply. The system is usually activated by heat and discharges water over the fire area.

Water Supply

The total water supplies required for the fighting fire purposes are supplied from various sources such as municipal water supply, storage tanks, or a combination of sources. Water should be attainable with in practical distances and must be accessible to and compatible with firefighting equipment.

Emergency Power

Emergency power is required to ensure the continued operation of fire and life safety equipment and systems in the event of loss of normal hydroelectric power.

Emergency Lighting

Emergency lighting ensure that exits, corridors and principal routes providing access to exits are illuminated in the event of loss of normal hydroelectric power.

Building Resources

General Description

Lambton Meadowview Villa is a Long-Term Care Home consisting of:

- Resident Accommodation (125 beds)
- LTC Administration Offices
- Resident Activity Area, Reception Area, Adult Day Program Centre
- Administration offices areas
- Generations Day Care in adjacent building to the north
- Lambton Rural Child Care Offices and EMS Offices

Fire Department Response

The Fire Department will respond to the main entrance off Petrolia Line.

The street address is 3958 Petrolia Line.

Fire Hydrants

There are six (6) fire hydrants spaced around the perimeter of the building.

Sprinkler System

<u>The sprinkler system serves the whole building.</u> To avoid frozen pipes, the system in the <u>attic and penthouse</u> mechanical room is dry (empty); water only enters the attic system when the seal on a sprinkler head is melted by fire (or broken off).

The <u>kitchen</u> is served by the sprinkler system except for the cooking equipment area covered by the ventilation hood. The hood includes a dry chemical spray (suppression) system to smother grease or electrical fires.

The fire alarm system includes detectors in the sprinkler system that set off alarms when water flows (a sprinkler head is activated) or when pressure drops.

The Fire Department can pump water into the sprinkler system at the siamese connection (Y-shaped) which is located adjacent to the main entrance. See the floor plan drawing for the Ground Floor.

Fire Hoses

There are no fire hoses. The Home uses the sprinkler system.

Fire Extinguishers

<u>Multipurpose</u>, dry chemical fire extinguishers (for class A, B, and C fires) are located throughout the building. There is 1 K extinguisher in the main kitchen. Locations are marked on the floor plans.

Fire Blankets

A fire blanket (orange) is hung on the wall in the main kitchen for use to <u>smother a fire.</u> Examples:

- wrap a person whose clothes catch fire
- cover a grease fire in a pot or pan

Fire Blankets are also located at each passenger elevator for use to smother a fire and at designated smoking areas for residents.

Emergency Evacuation Chairs

One (1) chair (red bag) hangs on the wall <u>in the stairwell</u> on the third floor. Use to move residents in emergency. Use in vertical evacuation to move residents down the stairs - if elevators can not be used.

Elevators

2 passenger elevators operate from the basement to the 3rd floor.

1 freight elevator runs between basement and loading dock.

1 service elevator operates between the basement and the (3) residential floors, serving the dining room / servery areas only.

When an alarm is activated, elevators will continue to work. But, do <u>not</u> use the elevators unless instructed to do so by the Fire Department.

Exits

Three (3) exit stairs serve Building A (resident rooms) from the ground floor to the 3rd floor inclusive. Locations: Northwest corner (Stairwell A), Southwest corner (Stairwell B), East Side at middle of Building A (Stairwell C).

All 3 stairwells discharge directly outside at grade.

Doors

Initial activation of the fire alarm system causes zone separation doors to release and close to contain any fire.

Activation of the fire alarm system to second (2nd) stage evacuation alarm causes all doors with magnetic locking devices (mag locks) to release.

Exit doors with mag locks are identified by the overhead exit signs.

"EMERGENCY EXIT UNLOCKED BY FIRE ALARM"

Door Tag (Flag) System

In emergency, place the red tag in up position with white "Checked" tag showing to indicate that "This room was checked, and the room is vacant."

A tag in the down position indicates that the room has not been checked or there is a resident still in the room.

Wireless Phones

During an alarm, Nursing staff, Maintenance, Recreation and Environmental Staff will keep in contact with each other using the wireless phones.

Emergency Power

Emergency power is provided by a diesel generator to the following fire protection systems:

- fire alarm system
- emergency lighting
- exit signs
- elevators
- red electrical receptacles.
- nurse call system

The diesel generator is located on the ground floor of Building B by the receiving dock.

Fire Alarm System

PULL STATIONS - AT ALL EXITS

Go to any exit to find a pull station to sound an alarm.

There is one key that fits the pull station. This will activate the second (2nd) stage evacuation alarm. This key is held by the Charge Nurse, All RPN's on the home areas, both Maintenance team members, the Environmental Services Supervisor (EVS), the Administrator and at Reception. There is a separate tool to assist with resetting the pull station. This tool is located on the Charge Nurse, both Maintenance team members, the Environmental Services Supervisor, the Administrator and at Reception.

2 - STAGE FIRE ALARM SYSTEM (SIMPLEX SYSTEM)

Stage 1 - Alert Signal

Activation of a fire alarm initiating device in any portion of the building will cause an alert signal (1st stage) to sound throughout the building.

An alert signal is a slow pulsing alarm.

Stage 2 - Evacuation Signal

An evacuation signal (2nd stage) can be initiated manually by operation of a key switch located in any manual pull station or by the same key at an alarm panel.

The evacuation signal is a continuous or fast pulse alarm.

The fire alarm system is activated by:

- manual pull stations at all exit doors
- smoke detectors throughout building and at top of stairwells
- · heat detectors in elevator shafts
- sprinkler system throughout building
- kitchen hood extinguishing system

Upon operation of the fire alarm system, the following will occur:

- magnetic door hold-open devices will release, allowing fire doors to close.
- recirculating fans will shut down.
- alarm signals will sound.
- the alarm will be transmitted to Damar Security's central monitoring station.
- the elevators will not be affected.

Fire Alarm System Panels (Annunciator Panels)

- the fire department will check the graphic annunciator panel located at the main entrance.
- the main system panel is located in the maintenance shop in the basement.
- a remote annunciator panel is located at each nurse station.
- emergency power to the system is provided by a diesel generator and by batteries located within the system control panel.
- the fire alarm system is connected by a direct (dedicated) phone line to the central monitoring station.

Chiller Refrigerant Alarm (at 3rd floor Nursing Station)

In case of release of toxic refrigerant gas from the Chiller (air conditioning system) into the Penthouse Mechanical Room, a warning alarm will sound at the 3rd floor Nursing Station. Call for service; don't enter the Penthouse area.

Building Schematics

Le

Legend for	Building/ Unit Fire Emergency System
X	Pull Pin for Kitchen Fire Suppression System
	Entrance / Exit
-	Hydrant
0,0	Siamese Fire Department Connection
	Free Standing Siamese Fire Department Connection
	Valves (General) Identify the Type Of Valve (Ie. Shut Off Valve for Natural Gas, Sprinklers, Etc.)
FCP	Fire Alarm Control Panel
FAA	Fire Alarm Annunciator
	Emergency Light, Battery-Powered
	Illuminated Exit Sign, Single Face
\longrightarrow	Combined Battery-Powered Emergency Light & Illuminated Exit Sign
	Pull Station
HD	Heat Detector
SD	Smoke Detector
BC	Fire Extinguisher - BC Type
ABC	Fire Extinguisher - ABC Type

Sprinkler Riser, indicate whether Wet or Dry System

Hose Cabinet

Fire Extinguisher - Water