



DISCOVER THE DIFFERENCE A GREAT DAY CAN MAKE.

Lambton County Adult Enrichment Centres

In a safe and supportive environment, people who participate in Adult Day Programs engage in a variety of social and physical activities that improve their abilities and stimulate the mind and body. Equally as vital, the program offers respite and support to caregivers.

\$15/DAY
incl.
hot meals and
snacks

**We offer new activities
regularly to encourage
people to try new things.**

- Guest speakers
- Special events & entertainment
- Stimulating activities
- Crafts
- Nutritious hot meals & snacks
- Group discussion
- Therapeutic recreation
- Unique program plans

www.LambtonCares.ca

A PRODUCTIVE DAY BRINGS A FULFILLED LIFE.

We can accommodate people who require special care and attention:

- Varying levels of assistance with activities of daily living
- Medication reminders
- Assistance with personal care
- Meal assistance
- Special diets



GET STARTED –

Your first visit is **free!**

To book your first free visit contact us:

Petrolia Site:

3958 Petrolia Line
Petrolia, Ontario

519-882-1470 ext. 5055

Monday to Saturday
9:00am to 3:00pm

Sarnia Site:

749 Devine St.
Sarnia, Ontario

519-336-3720 ext. 5719

Monday to Sunday
9:00am to 3:00pm

Forest Site:

45 Jefferson St. W.
Forest, Ontario

519-333-8166

Tuesday and Thursday
9:00am to 3:00pm

adultenrichment@county-lambton.on.ca