















IRIS Court - June 2025

Marshall Gowland Manor

Calendars are Subject to Change



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>10:00 One to One Visits (NH) 10:00 Coffee Social (PR) 10:00 Rummage Bin (IN) 2:00 Church Service (GR)</p> 	<p>9:30 RC Communion (RR) 9:30 Group Exercise (IRR) 10:00 Coffee Social (PR) 10:00 Rummage Bin (IN) 1:00 General Store Open (GR) 1:30 Musical Entertainment featuring Vic & the Campfire Band (GR) 6:15 Word/Card Games (GR)</p>	<p>9:00 Morning Exercise (GR) 10:00 Coffee Social (PR) 10:00 Rummage Bin (IN) 12:00 New Elder Welcome Lunch (PR) 1:30 Library Book Exchange (GR) 1:30 Potting Flowers on Poppy Patio (PP) 6:15 Group Program (GR)</p> 	<p>9:30 Group Exercise (IRR) 10:00 Coffee Social (PR) 10:00 Rummage Bin (IN) 10:00 Great Lakes Jazz Class (CH) 1:00 General Store Open (GR) 1:30 BINGO! (GR) 2:00 Pub Hour (PR) 6:15 Recreational Activities (GR)</p>	<p>9:00 Morning Exercise (GR) 10:00 Coffee Social (PR) 10:00 Rummage Bin (IN) 1:30 Music with Don Robertson (GR) 5:45 Rosary Group (CH) 6:15 Evening Bingo! (PR)</p> 	<p>9:30 Group Exercise (IRR) 10:00 Coffee Social (PR) 10:00 Rummage Bin (IN) 1:00 General Store Open (GR) 1:00 Ice Cream Galore (RR) 1:30 Euchre / Card Games (GR) 2:00 Pub Hour (PR)</p>	<p>10:00 Coffee Social (PR) 10:00 Rummage Bin (IN) 10:30 Friendly Visits (RR) 1:15 Seated Yoga (GR)</p> 
<p>10:00 One to One Visits (NH) 10:00 Coffee Social (PR) 10:00 Rummage Bin (IN) 2:00 Church Service (GR)</p> 	<p>9:30 Group Exercise (IRR) 10:00 Coffee Social (PR) 10:00 Hymn Sing (GR) 10:00 Rummage Bin (IN) 1:00 General Store Open (GR) 1:30 Outdoor Walks & Friendly Visits (IP) 6:15 Word/Card Games (GR)</p>	<p>9:00 Morning Exercise (GR) 10:00 Residents' Council Meeting - Iris D/R (IDR) 10:00 Coffee Social (PR) 10:00 Rummage Bin (IN) 12:00 Senior's Choice Luncheon (GR) 6:15 Group Program (GR)</p> 	<p>9:30 Group Exercise (IRR) 10:00 Coffee Social (PR) 10:00 Rummage Bin (IN) 1:00 General Store Open (GR) 1:45 Music with Lise Michaud (GR) 2:00 Pub Hour (PR) 6:15 Recreational Activities (GR)</p>	<p>9:00 Morning Exercise (GR) 10:00 Rummage Bin (IN) 10:00 Coffee Social (PR) 1:15 Equine Therapy- A Stable Life (PP) 5:45 Rosary Group (CH) 6:15 Evening Bingo! (PR)</p> 	<p>9:30 Group Exercise (IRR) 10:00 Coffee Social (PR) 10:00 Rummage Bin (IN) 1:00 General Store Open (GR) 1:00 Ice Cream Galore (RR) 1:30 Euchre / Card Games (GR) 2:00 Pub Hour (PR)</p> 	<p>10:00 Coffee Social (PR) 10:00 Rummage Bin (IN) 10:30 Friendly Visits (RR) 1:30 Group Program (GR) 5:00 Father's Day Social (GR)</p>
<p>10:00 One to One Visits (NH) 10:00 Coffee Social (PR) 10:00 Rummage Bin (IN) 2:00 Church Service (GR)</p>	<p>9:30 Group Exercise (IRR) 10:00 Coffee Social (PR) 10:00 Rummage Bin (IN) 1:00 General Store Open (GR) 1:30 Music with New Timers! (GR) 6:15 Word/Card Games (GR)</p> 	<p>9:00 Morning Exercise (GR) 9:30 Intergenerational visits (GR) 10:00 Coffee Social (PR) 10:00 Rummage Bin (IN) 1:15 Music with Laura (IN) 1:30 Parkinson's Group (GR) 6:15 Group Program (GR)</p>	<p>9:30 Group Exercise (IRR) 10:00 Coffee Social (PR) 10:00 Rummage Bin (IN) 1:00 General Store Open (GR) 1:30 BINGO! (GR) 2:00 Pub Hour (PR) 2:00 Recipe Champions (GR) 6:15 Recreational Activities (GR)</p>	<p>9:00 Morning Exercise (GR) 10:00 Rummage Bin (IN) 10:00 Celebrating Seniors Month Coffee & Cake Social! (GR) 1:30 Virtual Crossword/Trivia (IRR) 5:45 Rosary Group (CH) 6:15 Evening Bingo! (PR)</p>	<p>9:30 Group Exercise (IRR) 10:00 Coffee Social (PR) 10:00 Rummage Bin (IN) 10:00 Roman Catholic Mass (GR) 1:00 General Store Open (GR) 1:00 Ice Cream Galore (RR) 1:30 Euchre / Card Games (GR) 2:00 Pub Hour (PR)</p> 	<p>10:00 Coffee Social (PR) 10:00 Rummage Bin (IN) 10:30 Friendly Visits (RR) 1:30 Group Program (GR)</p> 
<p>10:00 One to One Visits (NH) 10:00 Coffee Social (PR) 10:00 Rummage Bin (IN) 2:00 Church Service (GR)</p>	<p>9:30 Group Exercise (IRR) 10:00 Coffee Social (PR) 10:00 Hymn Sing (GR) 10:00 Rummage Bin (IN) 1:00 General Store Open (GR) 1:30 Outdoor Walks & Friendly Visits (IP) 6:15 Word/Card Games (GR)</p>	<p>9:00 Morning Exercise (GR) 10:00 Coffee Social (PR) 10:00 Rummage Bin (IN) 6:15 Group Program (GR)</p> 	<p>9:30 Group Exercise (IRR) 10:00 Coffee Social (PR) 10:00 Rummage Bin (IN) 10:00 Library Program with Lisa! (GR) 1:00 General Store Open (GR) 1:30 BINGO! (GR) 2:00 Pub Hour (PR) 6:15 Slice & Dice Strawberries (PR)</p>	<p>9:00 Morning Exercise (GR) 10:00 Coffee Social (PR) 10:00 Rummage Bin (IN) 1:30 Strawberry Social (GR) 5:45 Rosary Group (CH) 6:15 Evening Bingo! (PR)</p>	<p>9:30 Group Exercise (IRR) 10:00 Coffee Social (PR) 10:00 Rummage Bin (IN) 10:00 Library Craft (GR) 1:00 General Store Open (GR) 1:00 Ice Cream Galore (RR) 1:30 Euchre / Card Games (GR) 2:00 Pub Hour (PR)</p> 	<p>10:00 Coffee Social (PR) 10:00 Rummage Bin (IN) 10:30 Friendly Visits (RR) 1:30 Group Program (GR)</p>
<p>10:00 One to One Visits (NH) 10:00 Coffee Social (PR) 10:00 Rummage Bin (IN) 2:00 Church Service (GR)</p> 	<p>9:30 Group Exercise (IRR) 10:00 Coffee Social (PR) 10:00 Rummage Bin (IN) 1:00 General Store Open (GR) 6:15 Word/Card Games (GR)</p>	<p>Locations Legend</p> <p>Great Room (GR) Pub Room (PR) Iris Neighbourhood (IN) Iris Recreation Room (IRR) Resident Room (RR)</p> <p>Neighborhoods (NH) Chapel (CH) Poppy Patio (PP) Ivy Patio (IP) Iris Dining Room (IDR)</p>		