

THE MANOR NEWSLETTER – Fall Edition

Parkinson's Coffee Klatch



Sandy, PSW Supervisor and Kim, Social Worker have partnered with Parkinson's Society Southwestern Ontario (PSSO) to develop some social and educational programs for Elders with Parkinson's Disease who reside at the Manor and their families. We had our inaugural Coffee Klatch on Sept. 16 with Samantha Grant, Community Engagement Coordinator, West Region from PSSO as our guest speaker.

This Coffee Klatch will be held once a month with different guest speakers. Elders and their loved ones have the opportunity to meet and speak with others who have an experience similar to them, have some refreshments and learn more about Parkinson's. We are excited to also be partnering with the VON SMART Exercise program to offer specialized exercise programs for Elders who have Parkinson's. The anticipated start date is in November.

Also in November, a comprehensive education program will be provided to staff by PSSO. We are so thankful for this new partnership!



We honour and nurture the dignity of each person.

Manor Updates

Dietary – Nutrition Supervisor – Nicole Coulson

The new fall/winter menu is being developed and will start after Thanksgiving. We hosted a tasting for our new fall soups and desserts. The new menu screens are running so Elders can view daily meals.

Beginning the first week of October, Elders can enjoy breakfast from 7:45a.m. – 9:30a.m.

Dietary is working in conjunction with the Recreation & Leisure department, and the Ladies group has expressed interest in making pies for the Thanksgiving Dinner. We look forward to supporting more programs like this in the future.

Infection Control – Beth Schenk – IPAC Lead

Flu Season is approaching!

As required by Ontario Ministry of Health, the vaccine will be offered to all Elders and all staff in LTC settings. We encourage all staff, Elders and visitors to receive their annual flu vaccine.

Living and working in LTC adds an increased risk to getting the flu and infecting others. Elders live and eat in close proximity to each other, and staff work closely with the Elders and each other. The Manor also has many visitors, entertainers, volunteers, and construction workers coming and going frequently, and this too increases the risk. To prevent the flu from spreading and potentially causing an outbreak, we all need to work together by performing frequent hand hygiene, covering our mouths when coughing, staying away from one another when you are not feeling well and consenting and receiving the annual flu vaccine when available.

Lost & Found

We have a new designated Lost & Found Closet!

When housekeeping has made sufficient efforts to locate the owner of non labelled clothing articles, they will place these items into the Lost and Found Closet located on the first floor around the corner from the elevators. Family members looking for lost items can inquire at the front desk and can be let in to the Lost & Found Closet.

Every 3 months we will have a Lost and Found Day. Notice will go out in advance to family members of the Lost and Found Day. On that day, the lost and found carts will be put into the hair salon where family members can view items. Clear plastic bags and labels will be made available. Any family member that locates articles of clothing belonging to their loved one can place these articles in a clear plastic bag and affix a label with the Elder's name on. The bag can then be placed into the laundry cart in the hair salon.

All clothing articles bagged for labelling will be labelled within 2 days and returned to the Elder's room.



Visit our Facebook page to keep up to date on all the exciting things that are happening at The Manor. Like **lambtoncares!**

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