

September 2023

Marshall Gowland Manor



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Locations Legend Great Room (GR) Pub Room (PR) Resident Room (RR) Iris Recreation Room (IRR) Chapel (CH) Community (Com) Neighborhoods (NH) Ivy Dining Room (IDR) Front Patio (FP) Poppy Patio (PP) Iris Dining Room (IDR)			Entertainment is bolded <i>Outings are italicized</i>		9:00 Group Exercise (IRR) 1 10:00 Coffee Social (PR) <i>10:30 Casino Outing (Com)</i> 11:30 Giant Tiger Outing (Com) 1:00 General Store Open (GR) 1:00 Ice Cream Galore (RR) 2:00 Pub Hour (PR)	10:00 Coffee Social (PR) 2 10:30 Friendly Visits (RR) 1:30 Group Program (GR)
10:00 Coffee Social (PR) 3 10:00 One to One Visits (NH) 2:00 Church Service (GR) 	9:30 RC Communion (RR) 4 10:00 Coffee Social (PR) 11:30 Labour Day BBQ with A Blast from the Past (GR) 1:00 General Store Open (GR) 2:30 Group Exercise (IRR) 6:00 Word/Card Games (GR)	10:30 <i>Picnic Lunch at the Animal Farm (Com)</i> 5 1:00 Spiritual Visits (CH) 1:30 Library Book Exchange (GR) 3:00 Pet Therapy Visits with Penny & Jennifer (RR) 6:00 Music & More (GR)	9:00 Group Exercise (IRR) 6 10:00 Coffee Social (PR) 1:00 General Store Open (GR) 1:30 BINGO! (GR) 6:00 Outdoor Walk & Talk (GR) 	10:00 Coffee Social (PR) 7 <i>10:30 Shopping at Lambton Mall (Com)</i> 5:45 Rosary Group (CH) 6:15 Evening Bingo! (PR)	9:00 Group Exercise (IRR) 8 10:00 Coffee Social (PR) <i>10:30 Shopping at Lambton Mall (Com)</i> 1:00 General Store Open (GR) 1:00 Ice Cream Galore (RR) 2:00 Pub Hour (PR)	10:00 Coffee Social (PR) 9 10:30 Friendly Visits (RR) 1:30 Willi and Lily Karaoke (GR)
10:00 Coffee Social (PR) 10 10:00 One to One Visits (NH) 2:00 Church Service (GR) Happy Birthday Laura! 	10:00 Coffee Social (PR) 11 1:00 General Store Open (GR) 1:30 Music with Vic and the Camp Fire Band (GR) 2:30 Group Exercise (IRR) 6:00 Word/Card Games (GR)	10:00 Residents' Council Meeting - Ivy D/R (IDR) 12 1:00 Spiritual Visits (CH) 3:00 Pet Therapy Visits with Penny & Jennifer (RR) 6:00 Music & More (GR)	9:00 Group Exercise (IRR) 13 10:00 Coffee Social (PR) 1:00 General Store Open (GR) 1:30 BINGO! (GR) 6:00 Outdoor Walk & Talk (GR)	10:00 Coffee Social (PR) 14 1:30 Music with Lise Michaud (GR) 5:45 Rosary Group (CH) 6:15 Evening Bingo! (PR)	9:00 Group Exercise (IRR) 15 10:00 Coffee Social (PR) 1:00 General Store Open (GR) 1:00 Ice Cream Galore (RR) 1:30 Sarnia Street Machines (FP) 2:00 Pub Hour (PR)	10:00 Coffee Social (PR) 16 10:15 Outdoor Strolls (PP) 1:30 Paint & Sip (PR)
10:00 Coffee Social (PR) 17 10:00 One to One Visits (NH) 2:00 Church Service (GR)	10:00 Coffee Social (PR) 18 10:15 History of Trains in Lambton County (GR) 1:00 General Store Open (GR) 2:30 Group Exercise (IRR) 6:00 Word/Card Games (GR)	10:00 Ironworks Exercise Group (GR) 19 1:00 Spiritual Visits (CH) 3:00 Pet Therapy Visits with Penny & Jennifer (RR) 6:00 Music & More (GR)	9:00 Group Exercise (IRR) 20 10:00 Coffee Social (PR) 1:00 General Store Open (GR) 1:30 BINGO! (GR) 6:00 Outdoor Walk & Talk (GR)	10:00 Coffee Social (PR) 21 5:45 Rosary Group (CH) 6:15 Evening Bingo! (PR) 	9:00 Group Exercise (IRR) 22 10:00 Coffee Social (PR) 1:00 General Store Open (GR) 1:00 Ice Cream Galore (RR) 1:30 Music with Joan Spaulding (GR) 2:00 Pub Hour (PR)	10:00 Coffee Social (PR) 23 10:30 Friendly Visits (RR) 1:30 Group Program (GR)
10:00 Coffee Social (PR) 24 10:00 One to One Visits (NH) 2:00 Church Service (GR) 	10:00 Coffee Social (PR) 25 10:00 Hymn Sing (GR) 1:00 General Store Open (GR) 2:30 Group Exercise (IRR) 6:00 Word/Card Games (GR)	10:00 Ironworks Exercise Group (GR) 26 1:00 Spiritual Visits (CH) 1:15 Music with Laura (IDR) 3:00 Pet Therapy Visits with Penny & Jennifer (RR) 6:00 Music & More (GR)	9:00 Group Exercise (IRR) 27 10:00 Coffee Social (PR) 1:00 General Store Open (GR) 1:30 BINGO! (GR) 6:00 Outdoor Walk & Talk (GR)	10:00 Coffee Social (PR) 28 10:00 Library Program with Lisa! (PR) 5:45 Rosary Group (CH) 6:15 Evening Bingo! (PR)	9:00 Group Exercise (IRR) 29 10:00 Coffee Social (PR) 10:00 Library Craft Collaboration (GR) 1:00 General Store Open (GR) 1:00 Ice Cream Galore (RR) 2:00 Pub Hour (PR)	10:00 Coffee Social (PR) 30 10:30 Friendly Visits (RR) 1:30 National Day of Truth and Reconciliation (GR)