











# October 2022- Rose Marshall Gowland Manor



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						10:00 Coffee Social <b>1</b> 10:00 Friendly Visits 1:30 Group Program
10:00 Coffee Social <b>2</b> 10:00 One to One Visits 2:00 Church Service	<a href="#">Pen Pal Letters Program</a> <b>3</b> 9:00 Tasks and Activities 10:00 Coffee Social 10:00 Hymn Sing 11:00 RC Communion 1:00 Tuck Shop Open 1:30 Board Games	10:00 Coffee Social <b>4</b> 10:00 Trivia Tuesday with Jason 12:00 Swiss Chalet Luncheon 1:30 Bike Rides 6:00 Recreational Games	9:00 Neighbourhood Visits <b>5</b> 1:00 Tuck Shop Open 1:30 BINGO! 6:00 Recreational Games 	10:00 Coffee Social <b>6</b> 1:00 Outdoor Walks 2:30 Group Exercise 6:00 Rosary Group	9:00 Spiritual Care Visits <b>7</b> 10:00 Relaxation Room 10:00 Library Craft Collaboration 1:00 Tuck Shop Open 1:00 Ice Cream Galore 2:00 Pub Hour	10:00 Coffee Social <b>8</b> 10:00 Friendly Visits 1:30 Group Program
10:00 Coffee Social <b>9</b> 10:00 One to One Visits 2:00 Church Service 	<a href="#">World Mental Health Day!</a> <b>10</b> 9:00 Tasks and Activities 10:00 Thanksgiving Church Service 1:00 Tuck Shop Open 1:30 Board Games	10:00 Coffee Social <b>11</b> 10:00 Residents' Council Meeting 1:00 Library Book Exchange 6:00 Recreational Games	9:00 Neighbourhood Visits <b>12</b> 1:00 Tuck Shop Open 1:30 BINGO! 6:00 Recreational Games	10:00 Coffee Social <b>13</b> 1:30 Recreational Games 2:30 Group Exercise 6:00 Rosary Group	9:00 Spiritual Care Visits <b>14</b> 10:00 Relaxation Room 1:00 Tuck Shop Open 1:00 Ice Cream Galore 2:00 Pub Hour	10:00 Coffee Social <b>15</b> 10:00 Friendly Visits 1:30 Group Program 
10:00 Coffee Social <b>16</b> 10:00 One to One Visits 2:00 Church Service	9:00 Tasks and Activities <b>17</b> 10:00 Coffee Social 10:00 Hymn Sing 1:00 Tuck Shop Open 1:30 Decorate Pub for Halloween 1:30 Vic & the Campfire Band 	10:00 Coffee Social <b>18</b> 10:00 Trivia Tuesday with Jason 1:30 Bike Rides 6:00 Recreational Games	9:00 Neighbourhood Visits <b>19</b> 1:00 Tuck Shop Open 1:30 BINGO! 6:00 Recreational Games	10:00 Coffee Social <b>20</b> 1:00 Outdoor Walks 2:30 Group Exercise 6:00 Rosary Group	9:00 Spiritual Care Visits <b>21</b> 10:00 Relaxation Room 1:00 Tuck Shop Open 1:00 Ice Cream Galore 2:00 Pub Hour	10:00 Coffee Social <b>22</b> 10:00 Friendly Visits 1:30 Group Program
10:00 Coffee Social <b>23</b> 10:00 One to One Visits 2:00 Church Service	9:00 Tasks and Activities <b>24</b> 10:00 Coffee Social 10:00 Current Events 1:00 Tuck Shop Open 1:30 Board Games	10:00 Coffee Social <b>25</b> 10:00 Trivia Tuesday with Jason 1:30 Bike Rides 6:00 Recreational Games	9:00 Neighbourhood Visits <b>26</b> 1:00 Tuck Shop Open 1:30 HAPPY HALLOWEEN BINGO! 6:00 Recreational Games	10:00 Coffee Social <b>27</b> 1:30 Musical Entertainment featuring Mike Doupe 2:30 Group Exercise 6:00 Rosary Group	9:00 Spiritual Care Visits <b>28</b> 10:00 Bowling & Lunch at Marcin Bowl! 1:00 Tuck Shop Open 1:00 Ice Cream Galore 2:00 Pub Hour	10:00 Coffee Social <b>29</b> 10:00 Friendly Visits 1:30 Group Program
10:00 Coffee Social <b>30</b> 10:00 One to One Visits 2:00 Church Service 	<a href="#">Martin and Mike's Birthday</a> <b>31</b> 9:00 Tasks and Activities 10:00 Coffee Social 10:00 Hymn Sing 1:00 Tuck Shop Open 1:30 HALLOWEEN FUN FAIR!	