



October 2022- Poppy Marshall Gowland Manor



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						10:00 Coffee Social 10:00 Friendly Visits 1:30 Group Program
10:00 Coffee Social 10:00 One to One Visits 2:00 Church Service 	2 Pen Pal Letters Program 10:00 Hymn Sing 10:00 Coffee Social 11:00 RC Communion 1:00 Tuck Shop Open 1:30 Crafting Corner 2:30 Garden walks	3 9:00 Morning Exercise 10:00 Coffee Social 10:00 Trivia Tuesday with Jason 12:00 Swiss Chalet Luncheon 1:30 Bible Study 1:30 Bike Rides 6:00 Recreational Games	4 9:00 Tasks and Activities 1:00 Tuck Shop Open 1:30 BINGO! 6:00 Re nes 	5 Happy Birthday Blanche! 9:00 Morning Exercise 10:00 Music and Manicures 1:30 Baking 6:00 Rosary Group 	6 9:30 Garden walks 10:00 Music and Manicures 10:00 Library Craft Collaboration 1:00 Tuck Shop Open 1:00 Ice Cream Galore 2:00 Pub Hour 	7 10:00 Coffee Social 10:00 Friendly Visits 1:30 Group Program
9 Happy Birthday Ardell! 10:00 Coffee Social 10:00 One to One Visits 2:00 Church Service 	10 World Mental Health Day! 9:00 Horticulture 10:00 Thanksgiving Church Service 1:00 Tuck Shop Open 2:30 Garden walks 	11 9:00 Morning Exercise 10:00 Coffee Social 10:00 Residents' Council Meeting 1:00 Library Book Exchange 1:30 Bible Study 6:00 Recreational Games	12 9:00 Tasks and Activities 1:00 Tuck Shop Open 1:30 BINGO! 6:00 Recreational Games 	13 9:00 Morning Exercise 10:00 Baking 1:30 Recreational Games 6:00 Rosary Group	14 Community Outing 9:30 Garden walks 10:00 Music and Manicures 1:00 Tuck Shop Open 1:00 Ice Cream Galore 2:00 Pub Hour 	15 10:00 Coffee Social 10:00 Friendly Visits 1:30 Group Program 
16 10:00 Coffee Social 10:00 One to One Visits 2:00 Church Service 	17 9:00 Horticulture 10:00 Hymn Sing 10:00 Coffee Social 1:00 Tuck Shop Open 1:30 Decorate Pub for Halloween 1:30 Vic & the Campfire Band 2:30 Garden walks	18 9:00 Morning Exercise 10:00 Coffee Social 10:00 Trivia Tuesday with Jason 1:30 Bible Study 1:30 Bike Rides 6:00 Recreational Games	19 9:00 Tasks and Activities 1:00 Tuck Shop Open 1:30 BINGO! 6:00 Recreational Games 	20 9:00 Morning Exercise 10:00 Music and Manicures 1:30 Crafting Corner 6:00 Rosary Group	21 9:30 Garden walks 10:00 Music and Manicures 1:00 Tuck Shop Open 1:00 Ice Cream Galore 2:00 Pub Hour	22 10:00 Coffee Social 10:00 Friendly Visits 1:30 Group Program
23 10:00 Coffee Social 10:00 One to One Visits 2:00 Church Service 	24 Community Outing 9:00 Horticulture 10:00 Coffee Social 1:00 Tuck Shop Open 1:30 Garden walks	25 9:00 Morning Exercise 10:00 Coffee Social 10:00 Trivia Tuesday with Jason 1:30 Bible Study 1:30 Bike Rides 6:00 Recreational Games	26 9:00 Tasks and Activities 10:00 Pet Therapy Visits 1:00 Tuck Shop Open 1:30 HAPPY HALLOWEEN BINGO! 6:00 Recreational Games 	27 9:00 Morning Exercise 10:00 Baking 1:30 Musical Entertainment featuring Mike Doupe 6:00 Rosary Group 	28 9:30 Garden walks 10:00 Music and Manicures 10:00 Bowling & Lunch at Marcin Bowl! 1:00 Tuck Shop O 1:00 Ice Cream G 2:00 Pub Hour 	29 10:00 Coffee Social 10:00 Friendly Visits 1:30 Group Program 
30 10:00 Coffee Social 10:00 One to One Visits 2:00 Church Service 	31 9:00 Horticulture 10:00 Hymn Sing 10:00 Coffee Social 1:00 Tuck Shop Open 1:30 HALLOWEEN FUN FAIR! 2:30 Garden walks 					