













October 2022 - Iris

Marshall Gowland Manor



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						10:00 Coffee Social 10:00 Friendly Visits 1:30 Group Program 
10:00 Coffee Social 10:00 One to One Visits 2:00 Church Service 2	Pen Pal Letters Program 10:00 Coffee Social 10:00 Hymn Sing 11:00 RC Communion 1:00 Tuck Shop Open 1:30 Board Games 6:00 Recreational Games 3	10:00 Coffee Social 10:00 Trivia Tuesday with Jason 12:00 Swiss Chalet Luncheon 2:00 Outdoor Walks 2:30 Group Exercise 6:00 Recreational Games 4	9:00 Group Exercise 10:00 Task & Activities 1:00 Tuck Shop Open 1:30 BINGO! 6:00 Recreational Games 5	10:00 Let's Bake Together 1:30 Coffee Social 6:00 Rosary Group 6:00 Neighbourhood Visits 6	9:00 Group Exercise 10:00 Library Craft Collaboration 11:00 Bible Study Group 1:00 Tuck Shop Open 1:00 Ice Cream Galore 2:00 Pub Hour Happy Birthday Barb Fast 7	10:00 Coffee Social 10:00 Friendly Visits 1:30 Group Program 8
10:00 Coffee Social 10:00 One to One Visits 2:00 Church Service  9	World Mental Health Day! 10:00 Thanksgiving Church Service 1:00 Tuck Shop Open 6:00 Recreational Games 10	10:00 Coffee Social 10:00 Residents' Council Meeting 1:00 Library Book Exchange 1:30 Crossword Puzzle 2:30 Group Exercise 6:00 Recreational Games  11	9:00 Group Exercise 10:00 Task & Activities 1:00 Tuck Shop Open 1:30 BINGO! 6:00 Recreational Games 12	10:00 Let's Bake Together 1:30 Recreational Games 6:00 Rosary Group 6:00 Neighbourhood Visits 13	9:00 Group Exercise 11:00 Bible Study Group 1:00 Tuck Shop Open 1:00 Ice Cream Galore 2:00 Pub Hour 14	10:00 Coffee Social 10:00 Friendly Visits 1:30 Group Program  15
10:00 Coffee Social 10:00 One to One Visits 2:00 Church Service  16	10:00 Coffee Social 10:00 Hymn Sing 1:00 Tuck Shop Open 1:30 Decorate Pub for Halloween 1:30 Vic & the Campfire Band 6:00 Recreational Games 17	10:00 Coffee Social 10:00 Trivia Tuesday with Jason 1:30 Neighbourhood Visits 2:30 Group Exercise 6:00 Recreational Games 18	9:00 Group Exercise 10:00 Task & Activities 1:00 Tuck Shop Open 1:30 BINGO! 6:00 Recreational Games Happy Birthday Katherine Thompson 19	10:00 Let's Bake Together 1:30 Coffee Social 6:00 Rosary Group 6:00 Neighbourhood Visits  20	9:00 Group Exercise 11:00 Bible Study Group 1:00 Tuck Shop Open 1:00 Ice Cream Galore 2:00 Pub Hour 21	10:00 Coffee Social 10:00 Friendly Visits 1:30 Group Program 22
10:00 Coffee Social 10:00 One to One Visits 2:00 Church Service 23	10:00 Coffee Social 10:00 Craft Corner 1:00 Tuck Shop Open 6:00 Recreational Games 24	10:00 Coffee Social 10:00 Trivia Tuesday with Jason 1:30 Music with Laura 2:30 Group Exercise 6:00 Recreational Games 25	9:00 Group Exercise 10:00 Task & Activities 1:00 Tuck Shop Open 1:30 HAPPY HALLOWEEN BINGO! 6:00 Recreational Games 26	10:00 Let's Bake Together 1:30 Musical Entertainment featuring Mike Doupe 6:00 Rosary Group 6:00 Neighbourhood Visits 27	9:00 Group Exercise 10:00 Bowling & Lunch at Marcin Bowl! 11:00 Bible Study Group 1:00 Tuck Shop Open 1:00 Ice Cream Galore 2:00 Pub Hour Happy Birthday Elisa Ventura 28	10:00 Coffee Social 10:00 Friendly Visits 1:30 Group Program 29
10:00 Coffee Social 10:00 One to One Visits 2:00 Church Service  30	10:00 Coffee Social 10:00 Hymn Sing 1:00 Tuck Shop Open 1:30 HALLOWEEN FUN FAIR! 6:00 Recreational Games 31	