

July 2023

Marshall Gowland Manor



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 10:00 One to One Visits (NH) 10:00 Coffee Social (PR) 2:00 Church Service (GR)	 9:00 One to One Visits (PRR) 9:30 RC Communion (RR) 10:00 Music and Manicures (PRR) 10:00 Coffee Social (PR) 1:00 General Store Open (GR) 1:30 Horticulture Club (PRR) 6:00 Word/Card Games (GR)	 9:00 Morning Exercise (PRR) 10:00 One to One Visits (NH) 1:15 Music Therapy with Laura (NR) 1:30 Spiritual Visits (CH) 1:30 Library Book Exchange (GR) 1:30 Watermelon Social (PP) 3:30 Pet Therapy Visits with Pippa & Alex (NB) 6:00 Music & More (GR)	 9:00 One to One Visits (NB) 10:00 Coffee Social (PR) 1:00 General Store Open (GR) 1:30 BINGO! (GR) 6:00 Outdoor Walk & Talk (GR)	 9:00 Morning Exercise (PRR) 10:00 Coffee Social (PR) 10:30 Community Outing & Lunch (Com) 5:45 Rosary Group (CH) 6:15 Evening Bingo! (PR) Happy Birthday Marian!	 9:00 Snoezelen Therapy (PRR) 10:00 Coffee Social (PR) 1:00 General Store Open (GR) 1:00 Ice Cream Galore (RR) 1:30 Live Music featuring Mike Doupe (GR) 2:00 Pub Hour (PR)	 10:00 Friendly Visits (RR) 10:00 Coffee Social (PR) 1:30 Canada Day Social (GR)
 10:00 One to One Visits (NH) 10:00 Coffee Social (PR) 2:00 Church Service (GR)	 9:00 One to One Visits (PRR) 10:00 Coffee Social (PR) 10:00 Hymn Sing (GR) 1:00 General Store Open (GR) 1:30 Horticulture Club (PRR) 6:00 Word/Card Games (GR)	 9:00 Morning Exercise (PRR) 10:00 Residents' Council Meeting - Poppy D/R (PDR) 1:30 Spiritual Visits (CH) 1:30 Susie Q Sing Along (GR) 3:30 Pet Therapy Visits with Pippa & Alex (NB) 6:00 Music & More (GR)	 9:00 One to One Visits (NB) 10:00 Coffee Social (PR) 1:00 General Store Open (GR) 1:30 BINGO! (GR) 6:00 Outdoor Walk & Talk (GR)	 9:00 Morning Exercise (PRR) 10:00 Coffee Social (PR) 1:30 Craft Corner (IRR) 5:45 Rosary Group (CH) 6:15 Evening Bingo! (PR)	 9:00 Snoezelen Therapy (PRR) 10:00 Coffee Social (PR) 1:00 General Store Open (GR) 1:00 Ice Cream Galore (RR) 2:00 Pub Hour (PR)	 10:00 Friendly Visits (RR) 10:00 Coffee Social (PR) 1:30 Jays vs Tigers on the Large Screen/ Snacks & Suds (GR)
 10:00 One to One Visits (NH) 10:00 Coffee Social (PR) 2:00 Church Service (GR) Happy Birthday Norma!	 9:00 One to One Visits (PRR) 10:00 Music and Manicures (PRR) 10:00 Coffee Social (PR) 1:00 General Store Open (GR) 1:30 Live Music featuring Lise Michaud (GR) 6:00 Word/Card Games (GR)	 9:00 Morning Exercise (PRR) 10:00 Moore Museum Guided Tour & Picnic Lunch (Com) 1:30 Spiritual Visits (CH) 3:30 Pet Therapy Visits with Pippa & Alex (NB) 6:00 Music & More (GR)	 9:00 One to One Visits (NB) 10:00 Coffee Social (PR) 12:00 National Hot-Dog Day Luncheon (GR) 1:00 General Store Open (GR) 1:30 BINGO! (GR) 6:00 Outdoor Walk & Talk (GR)	 9:00 Morning Exercise (PRR) 10:00 Coffee Social (PR) 10:00 Library Program with Lisa! (PR) 11:00 Fries Under the Bridge (Com) 1:00 Jays vs Padres on the Large Screen/ Snacks & Suds (GR) 5:45 Rosary Group (CH) 6:15 Evening Bingo! (PR)	 9:00 Snoezelen Therapy (PRR) 10:00 Coffee Social (PR) 1:00 General Store Open (GR) 1:00 Ice Cream Galore (RR) 2:00 Pub Hour (PR)	 10:00 Friendly Visits (RR) 10:00 Coffee Social (PR) 1:30 Group Program (GR)
 10:00 One to One Visits (NH) 10:00 Coffee Social (PR) 2:00 Church Service (GR) Happy Birthday Faye!	 9:00 One to One Visits (PRR) 10:00 Coffee Social (PR) 10:00 Hymn Sing (GR) 1:00 General Store Open (GR) 1:30 Horticulture Club (PRR) 6:00 Word/Card Games (GR)	 9:00 Morning Exercise (PRR) 11:30 Lunch at Purdy's Fishery (C) 1:15 Music Therapy with Laura (NB) 1:30 Spiritual Visits (CH) 3:30 Pet Therapy Visits with Pippa & Alex (NB) 6:00 Music & More (GR) Happy Birthday Grant!	 9:00 One to One Visits (NB) 10:00 Coffee Social (PR) 1:00 General Store Open (GR) 1:30 BINGO! (GR) 6:00 Outdoor Walk & Talk (GR)	 9:00 Morning Exercise (PRR) 10:00 Coffee Social (PR) 1:30 Outdoor Walks (PP) 5:45 Rosary Group (CH) 6:15 Evening Bingo! (PR)	 9:00 Snoezelen Therapy (PRR) 10:00 Coffee Social (PR) 10:00 Library Craft Collaboration (GR) 1:00 General Store Open (GR) 1:00 Ice Cream Galore (RR) 2:00 Pub Hour (PR)	 10:00 Friendly Visits (RR) 10:00 Coffee Social (PR) 1:30 Group Program (GR)
 10:00 One to One Visits (NH) 10:00 Coffee Social (PR) 2:00 Church Service (GR)	 9:00 One to One Visits (PRR) 10:00 Music and Manicures (PRR) 10:00 Coffee Social (PR) 1:00 General Store Open (GR) 1:30 Horticulture Club (PRR) 6:00 Word/Card Games (GR)	 9:00 Morning Exercise (PRR) 11:30 Lunch at Purdy's Fishery (C) 1:15 Music Therapy with Laura (NB) 1:30 Spiritual Visits (CH) 3:30 Pet Therapy Visits with Pippa & Alex (NB) 6:00 Music & More (GR)	Location Legend Great Room (GR) Pub Room (PR) Resident Room (RR)		 Neighbourhood (NB) Chapel (CH) Poppy Recreation Room (PRR)	*Calendars are subject to change*