

March 2023 - IRIS Marshall Gowland Manor



						LAMBTON
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	MA	RCH	9:00 Group Exercise 10:00 Coffee Social 1:00 Tuck Shop Open 1:30 BINGO with a PeanutButter Twist! 6:00 Recreational Games	10:00 Fun & Fitness 10:00 Casino Outing 6:00 Rosary Group 6:00 Evening Bingo!	9:00 Group Exercise 10:00 Coffee Social 1:00 Tuck Shop Open 1:00 Ice Cream Galore 2:00 Pub Hour & Checkers	10:00 Friendly Visits 10:00 Coffee Social 1:30 Group Program
10:00 One to One Visits 10:00 Coffee Social 2:00 Church Service	9:30 RC Communion 10:00 Coffee Social 10:00 Hymn Sing 1:00 Tuck Shop Open 1:30 Musical Entertaiment featuring Jan Denk 2:30 Group Exercise 6:00 Word/Card Games	10:00 Manicure's and Music 1:30 Bible Study Group 1:30 Library Book Exchange 6:00 Music & More	9:00 Group Exercise 10:00 Coffee Social 1:00 Tuck Shop Open 1:30 BINGO! 6:00 Rec Games	10:00 Fun & Fitness 1:30 St. Patrick's Day Decorating 6:00 Rosary Group 6:00 Evening Bingo!	9:00 Group Exercise 10:00 Coffee Social 1:00 Tuck Shop Open 1:00 Ice Cream Galore 2:00 Pub Hour & Checkers	10:00 Friendly Visits 10:00 Coffee Social 1:30 Group Program Happy Birthday Irene!
10:00 One to One Visits 10:00 Coffee Social 2:00 Church Service Happy Birthday Marlene!	10:00 Coffee Social 1:00 Tuck Shop Open 1:30 Musical Entertainment featuring Vic & the Campfire Band 2:30 Group Exercise 6:00 Word/Card Games	10:00 Residents' Council Meeting 1:00 Music with Laura 1:30 Bible Study Group 1:30 Celebrating National Potatoe Chip Day with Movie & Chips 6:00 Music & More Happy Birthday Ron!	9:00 Group Exercise 10:00 Coffee Social 1:00 Tuck Shop Open 1:30 St. Patrick's Day Bingo! 6:00 Recreational Games Happy Birthday Yvonne!	10:00 Library Program with Lisa! 11:30 Irish Take Out Lunch 2:00 Friendly Visits 6:00 Rosary Group 6:00 Evening Bingo!	9:00 Group Exercise 17 10:00 Coffee Social 1:00 Tuck Shop Open 1:00 Ice Cream Galore 1:30 Irish Dance Performance 2:00 Pub Hour & Checkers Happy Birthday Gordon!	10:00 Friendly Visits 10:00 Coffee Social 1:30 Group Program
10:00 One to One Visits 10:00 Coffee Social 2:00 Church Service	10:00 Coffee Social 10:00 Hymn Sing 1:00 Tuck Shop Open 1:00 Crossword Puzzle 6:00 Word/Card Games	10:00 Manicure's and Music 21 1:15 Music Therapy with Laura 1:30 Bible Study Group 6:00 Music & More Happy Birthday Doug!	9:00 Group Exercise 10:00 Coffee Social 1:00 Tuck Shop Open 1:30 BINGO! 6:00 Recreational Games	10:00 Fun & Fitness 1:30 Men's Social 6:00 Rosary Group 6:00 Evening Bingo!	9:00 Group Exercise 10:00 Library Craft Collaboration 10:00 Coffee Social 1:00 Tuck Shop Open 1:00 Ice Cream Galore 2:00 Pub Hour & Checkers Happy Birthday Betty!	10:00 Friendly Visits 10:00 Coffee Social 1:30 Group Program
10:00 One to One Visits 10:00 Coffee Social 2:00 Church Service	10:00 Coffee Social 1:00 Tuck Shop Open 1:30 Musical Entertainment featuring Randy Grey 2:30 Group Exercise 6:00 Word/Card Games	10:00 Virtual Trivia 1:30 Bible Study Group 2:00 Friendly Visits 6:00 Music & More	9:00 Group Exercise 10:00 Coffee Social 1:00 Tuck Shop Open 1:30 BINGO! 6:00 Recreational Games	10:00 Fun & Fitness 11:30 Men's Community Pub Lunch 6:00 Rosary Group 6:00 Evening Bingo!	9:00 Group Exercise 10:00 Coffee Social 1:00 Tuck Shop Open 1:00 Ice Cream Galore 2:00 Pub Hour & Checkers	goodbye WINTER hello